

Journey of My Healing

Tell us in your own words about your experience here. Be sure to include activities you had trouble with before acupuncture/physical therapy compared to how you are doing now.

I came to Legend Rehab, due to pain in the IT band, lower back, and gluteal muscles. I had gone to another acupuncturist for 10 weeks with no results. I could not bend, or sit for very long. It interfered with my life. After 3 sessions with Daniel, the major pain subsided. Daniel also gave me daily stretches to maintain the treatment. Now, I am doing very well. I am motivated to continue the things I learned here. Also, Daniel is a compassionate and caring acupuncturist/physical therapist.

Signature: Susan Ledwith Date: 10-20-15

Printed name: Susan Ledwith

Permission to Publish? Yes No