

Journey of My Healing

Tell us in your own words about your experience here. Be sure to include activities you had trouble with before acupuncture/physical therapy compared to how you are doing now.

I originally began acupuncture/physical therapy for my IUT. Throughout the course of my treatment, it also expanded to include treatment for apthia and painful periods. Throughout my treatment my menstrual pains have lessened in severity immensely through a combination of herbs and acupuncture. Prior to treatment my menstrual cramps interfered with my daily life and there were periods where I could not get out of bed. Now, they don't interfere with my life. Prior to treatment I was on antibiotics for my apthia and experiencing pretty severe and regular pain. Again with the combination of herbs and acupuncture, my pain is almost non-existent.

Signature: Shelly David Date: 10/16/14

Printed name: Shelly David

Permission to Publish? Yes No